



NeuMinKind is a neurodivergent led social enterprise, focused on social justice and healthy outcomes for neurodivergent people and communities - rooted in affirmative and equitable acceptance models of neurodivergence.

Understanding Autism Resources List

Any names or organisations listed here promote acceptance, equitable and affirmative understanding of autism and the autism community, and its allies. They do not support behavioural approaches for autistic people, or approaches that pathologise autism. They respect autism as a different way of being, and autistic culture as rich, valuable and beneficial to everyone. Their inclusion on this list is for your information and not a formal recommendation.

Sources of Education and Information (links):

- www.reframingautism.org.au
- www.theautisticadvocate.com
- www.Aucademy.co.uk
- www.kristyforbes.com.au
- [Thinking Person's guide to Autism](#)
- [Autistic Science person](#)
- [Autistic Parents UK](#)
- [Meghan Ashburn](#)
- [That Au-some Book Club](#)

Books:

- Dr Luke Beardon
 - Avoiding Anxiety in Autistic Adults: A Guide for Autistic Wellbeing
 - What works for Autistic Adults
- Marie-Laure Del Vecchio, Joe James - The Autistic Experience: Silenced Voices Finally Heard
- Pete Wharmby - Untypical: How the World Isn't Built for Autistic People and What We Should All Do About It
- Dr Nick Walker - Neuroqueer Heresies: Notes on the Neurodiversity Paradigm, Autistic Empowerment, and Postnormal Possibilities
- Edlyn Vallejo Peña - Leaders Around Me: Autobiographies of Autistics who Type, Point, and Spell to Communicate
- <https://uk.bookshop.org/shop/theautisticadvocate>
(sales from BookShop support independent UK bookstores and so if you can buy from here, rather than Amazon, please do!)
- Helpful book list - <https://notanautismmom.com/2020/07/20/autism-books/>

Non-speaking Autistics

- <https://twitter.com/ekverstania/status/1095803838462918656>
- <https://www.jordynzimmerman.com/>

Other Resources

For everyone (Neurodivergent people, Parents, Professionals):

- Thinking Person's guide to Autism Neuroclastic
- Autistic Allies
- Ask me, I'm an AAC user
- Better ways than ABA
- Autistic Parents UK
- #AskingAutistics

Solely for Parents:

[Autism Inclusivity](#)

[Parenting Autistic children with love and affection](#)

Solely for Autistic people:

- [Autistics worldwide](#)
- [Autism Late diagnosis, support and education](#)
- [#ActuallyAutistic](#)
- [#AutisticMasking](#)

For Therapists (OT/SLT/SLP):

- [Emily Price – autistic SLT](#)
- [Autism level Up!](#)
- [Therapist Neurodiversity collective](#)
- [OT's for Neurodiversity](#)
- [Divergent perspectives](#)
- [www.dorseyslp.com](#)
- [www.accesscommunication.org.uk](#)
- [Warda Farah](#)
- [Disrupt OT](#)
- [BAME OT UK](#)
- [The Star Institute](#)

Mental Health directories:

- [Association of neurodivergent therapists](#)
- [Thriving Autistic](#)

Black, Brown and Autistic People of Colour:

- [Autistic, Typing – Comprehensive list here](#)

Some of those listed are:

- [Tee Monet](#)
- [Fidget and Fries](#)
- [Ashleigh Mills](#)
- [Dawn-Joy Leong](#)
- [Lydia X. Z. Brown](#)
- [Mi Cerebro Atipico](#)
- [Angry, Asian, and Autistic](#)
- [Kayla Smith](#)
- [Kerima Cevik](#)
- [MisTÂught](#)
- [Morénike Giwa-Onaiwu](#)
- [Mariah Person](#)
- [Amythest Schaber](#)
- [Asiatu](#)
- [Tre Ventour-Griffiths](#)
- [Jennifer Msumba](#)
- [Sandra Coral](#)
- [Kassiane Asasumasu](#)
- [Tendai Kwari](#)
- [Sarah Bosibori Bitange](#)
- [Karen Muriuki](#)
- [Lovette Jallow](#)
- [Anita Cameron](#)
- [Vivian Ly](#)
- [Oliver Evans](#)
- [Sumita Majumdar](#)
- [Priscilla Eyles](#)
- [Vanessa Bobb](#)
- [Chiari Chey](#)
- [Diego Pena](#)
- [ChrisTiana ObeySumner](#)
- [Lauren Melissa Ellzey](#)
- [Jen White-Johnson](#)
- [Finn Gardiner](#)
- [The Black Autist](#)

Hashtags to follow discussions and connect with Black, Brown and Autistic People of Colour:

- #AutisticWhileBlack
- #BlackAutisticPride
- #BlackAutisticLivesMatter
- #AutisticMasking

Some Autistic affirming researchers (Autistic people and allies)

Stirling Autism research team	Core concepts
Dr Eilidh Cage	Acceptance / Identity / Mental Health
Dr Monique Botha	Stigma / Ableism / Higher Education

Researcher	Core concepts
Dr Damian Milton	Double Empathy
Dr Amy Pearson	Monotropism
Dr Chloe Farahar	Autistic identity, culture and community
Dr Anna Stenning	Trauma
Dr Ruth Moyse	Alexithymia
Dr Georgia Pavlopoulou	Communication
Dr Catherine Crompton	Communication
Dr Noah Sasson	Victimisation
Dr Kristin Bottema-Beutel	Relationships
Dr Robert Chapman	Education
Dr Virginia Spielmann	Validating Autistic experiences
Dr Nick Walker	Autistic identity & gender

UK Specialists for young people (Education, Mental health, Support, EHCPs – often with content suitable for international audiences):

- [Jodie Smitten](#)
- [Tanya Adkin](#)
- [Gecko Community](#)
- [Pandas Online](#)
- [SEND support - Through a Neurodivergent lens](#)
- [Spectrum Gaming](#)
- [The Nurture Programme](#)

PDA specific resources:

- [Kristy Forbes](#)
- [PDA Society](#)

All links correct at time of publishing.

**If you find one that is not working please let us know –
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Thank you ☺